

CSA Farm Share ENROLLMENT FORM

Name: _____
 Address: _____
 Home Ph: _____ Cell: _____
 Email: _____

For the 2018 Season, I am interested in purchasing:

Share Options:	Qty	Small Pick-up only 4 items/wk	Standard 6 items/wk	Large 10 items/wk	Enter Amount
Spring Greens Share (lots of leafy greens) Mid-April to Mid-June – 10 weekly Farm shares		☐ \$100	☐ \$150	☐ \$300	
Summer Vegetable Share Mid-June thru Sept – 15 weekly Farm shares		☐ \$180	☐ \$270	☐ \$450	
Fall Vegetable Share October thru December – 6 biweekly Farm shares		☐ \$180	☐ \$180	☐ \$180 10 items biweekly	
The Works (save 5%) A 2017 season of great vegetables. Includes Spring Greens, Summer and Fall Vegetable Shares		☐ \$59	☐ \$59	☐ \$884	
The Works PLUS (save 10%) Includes both a Standard and Large share for Spring & Summer and two Large shares for Fall.		☐ \$59	☐ \$59	☐ \$404	
Deep Winter Share 2019 January thru March – 6 biweekly Farm shares		Available Sept. 2018			

Payment Options: **Share Option(s) Total:** _____
 I am making a minimum deposit of at least \$200 and will pay the remaining balance of the Share Option Total by May 1st.

Distribution Options: **Subtotal** (subtract total deductions): _____
 I will pick up my share Wednesdays 5:00 to 7:00p \$0
 I would like to arrange for delivery (within 10 miles). Add \$45

Add distribution option: _____

I am enrolling and enclosing my payment to secure a spot as a 2018 CSA Shareholder.
 Enter amount paid: _____

Balance Due (subtract payment enclosed): _____

By signing below, I understand, that I am committing to the seasonal subscription described above and that farmers experience their greatest expenses before the season begins, so I must make every effort to pay in advance and on time to distribute the financial resources to the farm when they are needed the most.

As a result, a seasonal share will be managed, harvested and prepared for me each scheduled week. I understand that there is no guarantee on the exact amount of produce I will receive for my share price. I further understand that if I fail to pick up my share during the pick-up hours, I forfeit that week's share. I can also cancel at anytime or transfer my subscription to another family member.

As a shareholder I agree to share in the bounty and the risks of farming with the farmers and other shareholders. I understand that each week's produce will be different and based upon seasonal availability, weather, and other acts of God.

Signature: _____ Date: _____

We accept credit cards and PayPal add 3%, please phone. Make checks payable to **PAGirton Enterprises** and mail to: **Enough... and a Little Bit More** 4776 State Highway 41 Greene, NY 13778 - Ph.607-656-7242

Please note we will conduct all our communication through email unless you instruct us otherwise. Please put us (info@enoughandalittlebitmore.com) in your address book so we do not end up in your spam folder.

Note: Our membership space is limited. We sell out quickly, so don't wait. **Sign up today!**

ENOUGH...AND A LITTLE BIT MORE

Four Season Market Farm

Fresh, Local Produce, Responsibly Grown



2018 CSA VEGETABLE FARM SHARES

What is a Farm Share Program?:

Our Farm Share Program is all about eating in-season, locally grown vegetables that we grow naturally with ecologically-sustainable methods.

A "Farm Share" is a simple idea (very much like buying a magazine subscription) in which a "Member" (Shareholder) buys a "Share" of a farmer's harvest at the beginning of the growing season, and then comes to the farm each week to pick up their "Share" of the farm's vegetable harvest. Many farm share programs are called "CSA" which stands for "Community Supported Agriculture."

About Enough... And a Little Bit More - Four Season Market Farm:

Enough... and a Little Bit More is a small family-owned vegetable farm nestled into the hills west of Greene, NY. Our mission is to provide our local community with the highest quality produce on a nearly year-round basis; while incorporating the principles of community education and involvement, innovation, and ecological stewardship. Our goal is to contribute to our local food security by increasing local supply outside of the traditional growing season. With our system of mobile, unheated high tunnels, we are able to apply the benefits of season extension and crop protection to numerous crops throughout a calendar year.

What We At Enough... And a Little Bit More - Four Season Market Farm Will Do For You:

- We grow over 35 different small fruits and vegetable crops on our farmlands. Along with that large selection comes an extended "harvest window," which is much wider than most other Chenango County growers because we farm many crops using high tunnels. This allows us to begin the harvest much sooner than growers who must wait for the risk of frost and cold winds to subside before they are able to sow their seeds.
- Along with the traditional summer favorites, we like to plant heirloom and uncommon varieties of vegetables that you just can't find at the grocery store. This means you will likely get to try some new things; some you might like, some you may not.
- The only fruits that may be a part of the vegetable share are melons: watermelons (ice-box size), honeydew melons and cantaloupes/muskmelons. These show up in the share from mid- to late-August through mid-September. However, we may offer fruit (strawberries and blueberries) as an add-on purchase when in season.
- Each week, we'll provide an email newsletter, "Harvest Notes", with recipes and cooking tips. The idea is to have fun with your food, enjoy the experience of tasting something new, and be a willing and adventurous cook!
- We will provide you with a clean, inviting, enthusiastic, healthy experience each week.



How We Will Grow Your Food:

At Enough... and a Little Bit More - Four Season Market Farm, all of our vegetables and flowers are grown without the input of any synthetic or artificial fertilizers or pesticides. Almost all of the vegetables are started from seed on the farm either in the field or our greenhouse. The land is fertilized with aged compost and green manure crops. We believe that soil health is the basis for sound farming.

We have chosen not to pursue organic certification by the USDA. We comply with all of the standards but we feel that 3rd party verification is not necessary on our farm. The Farm shareholders can come to the farm and certify for themselves that we use organic and sustainable practices. We chose to sign the Northeast Organic Farming Association of New York's "Farmer's Pledge" in place of becoming certified organic. We feel the "Farmer's Pledge" is a reflection of why many farmers chose to become organic in the first place; to treat the people who grow the food, the customers who eat the food, and the land and animals that produce the food with dignity and respect.



What You Agree To Do For Us:

As a Farm Shareholder, you must fully understand and be comfortable with the fact that farming is an imperfect science: there will be crop failures due to weather challenges, pest invasions, and bouts with disease. You must anticipate that you will receive a variety of crops, but you may not get every crop that is on our list due to crop failures or low yields. Not all the crops we plant will mature into harvestable share-worthy crops. Those crops will become compost.

Shareholders must please respect that our farm is also our home. Shareholders may visit during share pickup days and hours or are welcome to visit by appointment, or when we are open for special events which are advertised as being open to the public.

Pickup Times & Location:

At our farm, 4776 State Highway 41:
Wednesdays 5 - 7 p.m.

We ask that your vegetable shares be retrieved within the pickup window and, preferably, as close to pickup time as

possible. This ensures that shareholders will be able to get their vegetables home and into their refrigerators in time to maintain the peak freshness that results from buying local. Additionally, prompt pickup mitigates the detrimental effects of warming or freezing on the produce. If you believe that your situation would not allow you to consistently pick up your vegetables within the allotted pickup hours, you may pay for a delivery the following day.

You must pick up your Farm Share on time, or send someone else to pick up your share for you. All farm shares not picked up become the property of the farm to do with as we see fit. There are no refunds or repeats for missed shares.

In extraordinary circumstances, you may be able to pick up your share the next day, provided you are able to call and receive some type of confirmation. We ask that you do this no more than once or twice a season.



Determining What Share Size Is Right For You:

The share size that is right for you and your family is a very individual decision. It entirely depends on how many vegetables you consume in any given week. You could use a dollar value as your guide, or you could follow the theory that a 'standard' share would be more appropriate for a couple with moderate vegetable consumption, or a single vegetarian, while a 'large' share would be more appropriate for a family with moderate vegetable consumption, or a vegetarian couple. Keep in mind, that your share contents will be determined by what is maturing in the field, and that if you are a vegetarian, you will likely want to supplement your farm share with other non-seasonal vegetables to round out your eating experience.

What Will I Get For My Money?

Each week, from Mid-April through September, and bi-weekly from October to December, you'll get a selection of healthy, in-season produce. Early season and late season shares are smaller and lighter than mid-season shares. There are a limited amount of cool-season vegetables we can grow for the early season, and they are mostly "greens." Many vegetables take much

of the summer season to mature, such as tomatoes, peppers, eggplant, potatoes, among many others, and of course, winter squash and pie pumpkins. We continue to replant "greens" throughout the season, as well as replant some traditional Spring cool season crops again in the Fall.

We use grocery store 'organic' vegetable pricing as the yardstick to which our vegetable's dollar values are measured when we calculate each week's share value.

If for any reason we are unable to fulfill our obligation to grow your vegetables and produce your shares, we will refund you on a pro-rated basis for any unfulfilled share weeks. This does not include crop failures or natural disasters.



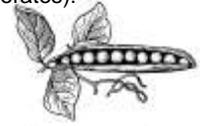
You Should Fully Understand What A Farm Share Program Is About:

A Farm Share Program is both an investment and a risk for the farmer and the family who joins. Together we are sharing in the risks and rewards of farming. We have to understand that we are growing in North East, with unpredictable weather, using only natural growing methods for fertility, and against insects, fungi and bacteria – methods that meet or exceed the federal government's standards. By choosing this approach we understand that it inherently decreases our potential yield and chance for success. We take this approach because we believe the potential risks associated with chemicals, fungicides and commercial fertilizers outweigh the benefits.

There are significant differences between joining a local CSA and purchasing from a Whole Foods, Price Chopper or even a Farmers Market. What joining a CSA means is that you share in the risks and rewards of farming, with one farmer. When purchasing from a grocery store or a non-growers' Farmers Market, you may not truly know how those vegetables have been grown, where they've been grown or how they've been handled. When you join our CSA, you gain the ability to walk through the fields of crops and see your food being grown and you get to know your farmers on a first name basis.

When you share in our farm's harvest, you are sharing in seasonal crops... some crops like it hot and some like it cool. Our tomatoes for example, are field grown, not hot-house

grown. You will see tomatoes at farm stands long before ours are ripe. But a little patience and understanding on your part will result in amazing field-grown, vine-ripened tomatoes in your share (provided mother nature cooperates)!



Reasons families invest in a share of our harvest:

- Many folks just want to experience truly fresh food and have an appetite for a variety not available at the supermarket.
- Many join for their health. Simply visiting the farm can be a stress reliever, eating food that is natural and clean has to be right.
- The concept of supporting local farms is important to the community's rural character.
- To some families it's about interacting with nature, visiting the farm and experiencing life on the farm and helping children learn how their food is grown.
- For some it's about reducing the amount of food miles your food travels, and the amount of fossil fuels that is used to transport your food, (your average vegetable travels over 1500 miles before it's consumed).
- Many of our families enjoy the community environment where like-minded people share recipes, ideas and experiences, as well as sharing the vegetables!

Reasons why someone might not want to join our farm share program:

- If you want every type of vegetable, each and every week, a CSA might not be right for you. Eating seasonally means that you eat the crops that are at the peak of ripeness at that point in the season. Early in the year, that could mean most of the ingredients for a salad, but not Summer vegetables or Fall vegetables. We grow seasonally as nature intended it.
- If you want tomatoes or vegetables that are so perfect that they look like they were raised in a laboratory, our CSA might not be right for you. Our veggies are healthy, natural, and sometimes are not perfect.
- We love members who are happy and positive, with can-do type of personalities... our farm is meant to be a great, positive experience for you, your family, your fellow members, and for us!